

y.a.m.

YOU AND ME :: LIVING SMART

ELEVATED DESIGN

A contemporary Rockland home that exudes light and serenity

Ocean therapy

The invigorating power of the sea

STYLE WATCH

Fashion casts a summer spell

YOUR GUIDE TO THE BEST SUMMER EVER

THE TOP 10 ESSENTIAL HERBS

EXTREME RENO

An iconic Fernwood church gets a divine renovation



BOOKMARKS

By Carolyn Camilleri

Kerosene Curry:

Cooking with the Women of the Saki Naka Slum in Mumbai, India

By Cindy Ryan (with Aarti Kalro)

Dirty Wall Project | Paperback | 90 pages

When former Victoria restaurant owner Cindy Ryan went to India to see what her son was up to, she did more than just visit: she became part of the project he has been devoting his life to since 2009. Her son is Kane Ryan, founder of the Dirty Wall Project, an amazing nonprofit — and an incredible story in itself — that follows the motto “see a need and fill it.”

To call *Kerosene Curry* a cookbook isn't really accurate. Yes, it is full of delicious, clearly laid-out, authentically Indian recipes, and, as a cookbook, it's a great addition to anyone's cookbook collection.

But what makes *Kerosene Curry* so special is the story it tells in the introduction, the comments accompanying the recipes, and the stunning photography. It starts as Cindy did: when she arrived in Mumbai and made her way to the Saki Naka Slum, where her son was living and working building a school. Details about what she saw, heard, smelled, and felt convey a clear picture of her impressions. She describes how she came to know the group of women who invited her into their homes and taught her their recipes — along with sharing the stories of their homes, families, personalities, and histories.

Despite the desperate conditions, these women are full of spirit, strength, pride, and even joy. It's an outstanding bridge between cultures and an unforgettable look at a way of life most of us will only ever read about.

Copies of the *Kerosene Curry* are available through the Dirty Wall Project website (dirtywallproject.com). All proceeds from the sale of the cookbook (and the apron you can get with it) go to the Dirty Wall Project. Even if you don't cook, buy it, and read it anyway.

KEROSENE CURRY

Cooking with the women of the Saki Naka Slum in Mumbai, India

DIRTY WALL PROJECT

